

Trust in the Difficult

by Lisa Oram

You will be frightened
when you inch your toes back
to the edge of the rocky cliff,
press your heels into air
your body into ropes
that will hold you
like life
and will not let you fall.

Trust in the difficult.

Believe that men have walked on the moon,
that life begins in empty places.

Lean back fall gently
from the thin ridge you've known forever
toward a plush red center
simmering in fire.

Water you find on the way
will be cool
and taste like apricots.

Breathe deeply
and open
like the pulsing volcano
that builds itself anew.

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